

# Recreation

A number of organizations have programs designed to give children and adults with special needs opportunities to get out and enjoy themselves. These include local park and recreation programs. Check with your [local parent training and information center](#) to find out more about recreation opportunities close to your home.

Some parents include brochures and activity calendars in this section of their Care Notebook.

Recreation Opportunity: \_\_\_\_\_  
Contact Person: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_  
Schedule: \_\_\_\_\_

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Notes:

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